1:Dobrizhoffer M-5 (ca. 1760) 1822
SI4 Abipon SI4

physicians and philosophers. I have repeatedly affirmed that the Abipones are vigorous, and long-lived, yet who can call them studious of diet? They eat when, as much, and as often as they like. They have no fixed hours for dinner or for supper, but if food be at hand will dine as soon as they wake. Hungry at all hours they eat at all hours; and an appetite will never be wanting if they have wherewith to exercise it upon. You would think that the more they devour the sooner they are hungry. They are voracious, and, like the other Americans, cram themselves with flesh, but without injury to their health; for their stomachs, which will bear both a great quantity of food, and long abstinence from it, are weakened neither by gormandizing nor by extreme hunger. They undertake journies of many months unfurnished with any provision. A sufficiency of proper food is often not to be met with on the way, either from the want of an opportunity of hunting, or from the unintermitting haste with which the desire of surprizing, or necessity of flying the enemy obliges them to pursue their journey. Yet an empty belly and barking stomach never do them any harm, nor even prevent them from cheerfully conversing to still the sense of hunger. On such occasions you see them betray no sign of impatience, nor